

UPDATE FROM THE SELC COVID-19 RESPONSE TEAM

Your SELC Covid Response Team met Tuesday evening to discuss the recent change in our community risk level. After a month of being in the low-risk category, Cochise County has recently moved **from low to medium risk**. There has been a slight increase in hospitalized Covid cases with some requiring ICU and ventilator support at Canyon Vista Medical Center.

Although we are not making any changes in our worship protocols at this time and masking remains optional, we encourage masks when indoors with groups of people, especially if you or your loved ones are at high risk. Of course, anyone can wear a mask at any time when in worship, and we have a section reserved for those who wish to wear a mask and be distanced from others – (the wing on the pulpit side of sanctuary). Fellowship Cups are available for those who wish to partake of communion in the pew instead of going to the altar rail.

The State of Arizona as a whole is now in the high level due to increased reported Covid cases greater than 200/100k per week **and** hospital Covid admissions greater than 10/100k per week.

- Weekly reported Covid cases per 100k residents increased from 132.7 on May 22 to 224.4 on June 20.
- Weekly hospital Covid admissions per 100/k increased from 5.6 on May 22 to 10.4 on June 20.

Cochise County is now in the medium level due to increased weekly reported cases. The cases are now greater than 200/100k per week. Weekly cases per 100K increased from 65 on May 20th to 220.8 on June 14th. Our Covid Team's recommendations for individuals in a medium risk area (Cochise County) follow CDC guidelines:

Getting fully vaccinated and boosted is the best way to avoid serious illness and helps prevent infecting others.

If you are immunocompromised or [high risk](#) for severe disease:

- Talk to your healthcare provider about whether you need to wear a mask and take other precautions (e.g. testing)
- Have a plan for rapid testing if needed (e.g. having home tests or access to testing)

If you have household or social contact with someone at [high risk](#) for severe disease:

- consider self-testing to detect infection before contact
- consider wearing a mask when indoors with them

Stay up to date with COVID-19 vaccines and boosters

Maintain improved ventilation throughout indoor spaces when possible

Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19

If you have any questions or concerns about our Covid-19 team's update, we encourage you to contact Pastor Mark or Council President/Response Team member Jim Clevon.

Thank you!